

# Our Lady, Help of Christians

## Parish Newsletter

1201 Kingsbury Ave., Huntsville, AL 35801

Father Alan C. Mackey, pastor

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### MASS TIME CHANGES

- \* **Tuesday, August 17** - Mass at 6:30 am; there will be no confessions Aug. 17 due to Father's schedule at Catholic High.
- \* **Saturday, August 15** - is a Holy Day of Obligation. Low Mass will be at 8:00 am; High Mass will be at 10:00 am

### ANNOUNCEMENTS:

- \* **A reminder** - The newsletter will now be issued to registered parish members via email. A small number of paper newsletters will be provided for church visitors and those members that do not have access to email. Thank you for your understanding!
- \* **August 1st - Ladies morning of reflection** - following the 8:00 am Mass.
- \* **August 12 - Vocations talk** - Father Mackey has invited our seminarian, Thu Truong, while on summer break from seminary (Priestly Fraternity of St. Peter), to give a talk on his experiences thus far while at seminary. All are welcome; young men of the parish are especially encouraged.
- \* **Father's schedule:** Father Mackey will continue as administrator for St. Jude's in Scottsboro and has also been assigned as chaplain for Catholic High here in Huntsville. With the additional claims on his time, our schedule may be adjusted from time to time. Please watch your email for updates to the schedule and thank you in advance for your understanding.
- \* **Child care during Mass** will now be available on the second Friday of each month. This delightful service is provided by the young ladies of Rosa Mystica, who will supervise young children in the nursery area. August 14 is the first time this service will be available.
- \* **Please be considerate of church property** - Many of the new church pews now have deep, unsightly scratches. Father is unsure of the cause of these scratches, but they appear to be increasing in number throughout the church. Please be aware of items on your person or bag that could potentially scratch or gouge the church pews. Families: please bring in to church only quiet and/or soft items for children (nothing hard or metal such as matchbox cars, or allowing children to play with keys in the pew).

### AUGUST IS TRADITIONALLY DEVOTED TO THE IMMACULATE HEART OF MARY

LUKE 2:19 — "Mary kept all these words, pondering them in her heart" "LUKE 2:51 — "...his mother kept all these words in her heart."

Devotion to the *heart* of Mary can be traced back to the 12th century. As early as the 17th century, Masses were being offered in honor of Our Lady's Heart. On October 31, 1942, Pope Pius XII made a solemn Act of Consecration of the Church and the whole world to the Immaculate Heart and in 1944, formally instituted the feast of the Immaculate Heart to be celebrated on August 22 as an annual reminder of that Solemn Consecration.

#### INVOCATIONS TO THE IMMACULATE HEART

*O heart most pure of the Blessed Virgin Mary, obtain for me from Jesus a pure and humble heart.*

*Sweet heart of Mary, be my salvation.*

*Indulgence of 300 days under the usual conditions. (Enchiridion #386, 387) Source: The Prayer Book, Edited: Reverend John P. O'Connell, Imprimatur 1954*

### A Virtue for Every Month :: August :: Diligence

Source: *A Year With the Saints: A Virtue for Every Month of the Year*, Imprimatur 1891

*He did all things well.* MARK 7:37

ST. FRANCIS DE SALES

Be not of those who think perfection consists in undertaking many things, but of those who place it in doing well what little they do.

ST. JEROME

How can the sun and moon praise God, as the Prophet exhorts them to? By performing well that task which has been imposed on them by the Lord. This is a great praise which they give Him. Behold, then, an excellent way in which you can praise God at all times - by performing well your tasks and whatever you may have to do.

### Mass Schedule

#### Sunday:

Low Mass - 8:00 am  
Confessions - 9:00 am  
Rosary - 9:30 am  
High Mass - 10:00 am

#### Monday:

Mass - 7:00 am  
Confessions - After Mass

#### Tuesday:

Mass - 7:00 am  
Confessions - After Mass

#### Wednesday:

Adoration & Confessions - 4:30 pm  
Benediction - 5:15 pm  
Mass - 5:30 pm

#### Thursday:

Confessions - 8:30 am  
Mass - 9:00 am

#### Friday:

Adoration & Confessions - 8:00 am  
Benediction - 8:45 am  
Mass - 9:00 am

**First Friday** - additional Mass at 7:00 am

#### Saturday:

Confessions - 7:30 - 7:50 am  
Mass - 8:00 am

#### First Saturday:

Rosary & Meditation - 8:45 am

#### Holy Days of Obligation:

9:00 am & 5:30 pm (unless alternative times announced)

### Prayer to Our Lady, Help of Christians

O Mary, powerful virgin, thou art the mighty and glorious protector of the Church; thou art the marvelous help of Christians; thou art terrible as an army in battle array; thou alone hast destroyed every heresy in the whole world. In the midst of our anguish, our struggles and our distress defend us from the power of the enemy and at the hour of our death receive our souls in paradise. Amen.

