

Our Lady, Help of Christians

Latin Mass Parish of the Diocese of Birmingham, AL

1201 Kingsbury Ave | Huntsville, AL | 35801

O Mary, powerful virgin, thou art the mighty and glorious protector of the Church; thou art the marvelous help of Christians; thou art terrible as an army in battle array; thou alone hast destroyed every heresy in the whole world. In the midst of our anguish, our struggles, and our distress, defend us from the power of the enemy, and at the hour of our death receive our souls in paradise. Amen.

Prayer to Our Lady, Help of Christians composed by St. John Bosco

SEPTEMBER 2026

The month of September is dedicated to the Seven Sorrows of the Blessed Virgin Mary. The Blessed Virgin Mary grants seven graces to the souls who honor her daily by meditating on her tears and dolours (sorrows). This devotion was passed on by St. Bridget.

HERE ARE THE SEVEN GRACES:

1. I will grant peace to their families.
2. They will be enlightened about the divine mysteries.
3. I will console them in their pains and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of my divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with the infernal enemy and I will protect them at every instant of their lives.
6. I will visibly help them at the moment of their death; they will see the face of their Mother.
7. I have obtained (this grace) from my divine Son, that those who propagate this devotion to my tears and dolours, will be taken directly from this earthly life to eternal happiness since all their sins will be forgiven and my Son and I will be their eternal consolation and joy.

THE SEVEN SORROWS

1. The prophecy of Simeon. (St. Luke 2:34, 35)
 2. The flight into Egypt. (St. Matthew 2:13, 14)
 3. The loss of the Child Jesus in the temple. (St. Luke 2:43-45)
 4. The meeting of Jesus and Mary on the Way of the Cross
 5. The Crucifixion and Death of Jesus
 6. The taking down of the Body of Jesus from the Cross
 7. The Burial of Jesus
- (Say one Hail Mary while meditating on each Sorrow)



AD JESUM PER MARIAM

September Mass Calendar & Intentions

TUESDAY, Sept. 1 — Alexander Devito
WEDNESDAY, Sept. 2 — Joe & MaryAnn Durso
THURSDAY, Sept. 3 — Jake Tipton
FIRST FRIDAY, Sept. 4 — Casey O'Reilly
FIRST SATURDAY, Sept. 5 — Liz Wiginton
SUNDAY, Sept. 6 —
7:00 — (+) JoAnn Vadasy
8:45 High Mass — *Missa pro populo*
10:45 — Father's intention
MONDAY, Sept. 7 — Jake Tipton
TUESDAY, Sept. 8 — Olivia B. Bonds
WEDNESDAY, Sept. 9 — John & Sirrina Bannon
THURSDAY, Sept. 10 — Bart Spangler
FRIDAY, Sept. 11 — (+) Daphne Barahona
SATURDAY, Sept. 12 — (+) Pedro Barahona
SUNDAY, Sept. 13 —
7:00 — James Anthony Palmer, Jr.
8:45 High Mass — *Missa pro populo*
10:45 — Father's intention
MONDAY, Sept. 14 — (+) Ronaldo & Maria Nipas
TUESDAY, Sept. 15 — Isabella Yarbrough
WEDNESDAY, Sept. 16 — Kelley Moleski
THURSDAY, Sept. 17 — Warren Siao
FRIDAY, Sept. 18 — (+) Gabrielle Brault
SATURDAY, Sept. 19 — Charles Gil
SUNDAY, Sept. 20 — (+) George Huell
7:00 — *Missa pro populo*
8:45 High Mass — (+) Howard J. Bayley Jr.
10:45 — Father's intention
MONDAY, Sept. 21 — (+) Howard J. Bayley Jr.
TUESDAY, Sept. 22 — Pierce McCoy
WEDNESDAY, Sept. 23 — MaryLou Brown
THURSDAY, Sept. 24 — (+) John Krzemenski
FRIDAY, Sept. 25 — (+) Anthony Durso
SATURDAY, Sept. 26 — Christopher Gil
SUNDAY, Sept. 27 —
7:00 — Matthew Teichmiller Family
8:45 High Mass — *Missa pro populo*
10:45 — Father's intention
MONDAY, Sept. 28 — (+) Eric Nipas
TUESDAY, Sept. 29 — Elizabeth Fernandes
WEDNESDAY, Sept. 30 — Cordelia Brown

Our Lady, Help of Christians

Pastor:

Fr. Alan C Mackey

Administrative Assistant:

Belinda Arnold

256-801-9157

ourladyhoc@gmail.com

Contact the pastor or parish:

Phone: 256-801-9157

Email: ourladyhoc@gmail.com

The blessing of religious articles:

Leave items to be blessed in the hall in the designated basket. Items are blessed every Friday.

Sacraments:

All Sacraments at Our Lady, Help of Christians are performed according to the *usus antiquior* of the Roman Rite, with the 1962 liturgical books.

To submit a Mass request intention:

Use the Mass request form (in the social hall) and submit to the office inbox. Please do not submit more than 2-3 Mass requests at a time. Only 1 intention can be scheduled per day.